Nonpathogenic Intestinal Protozoa

Organisms: The following organisms belong to the amebae, are nonpathogenic, and cause no disease.



Entamoeba dispar (also resembles E. moshkovskii)



Entamoeba hartmanni



Entamoeba coli



Endolimax nana



lodamoeba bütschlii

The following organisms belong to the flagellates, are nonpathogenic, and cause no disease.



Chilomastix mesnili



Pentatrichomonas hominis – no cyst form known

Life Cycle:

Intestine, organisms passed in feces

Acquired:

Fecal-oral transmission via cyst (or trophozoite in the case of *Pentatrichomonas hominis*) form; contaminated food and water

Epidemiology:

Worldwide, primarily human-to-human transmission

Clinical Features: None

Clinical Specimen: Intestinal: Stool

Laboratory Diagnosis:

Intestinal: Ova and Parasite examination (concentration, permanent stained smear); identification based on morphology

Organism Description:

<u>Trophozoite</u>: No nuclear chromatin, large karyosome, relatively clean cytoplasm (may contain some debris); tremendous nuclear variation (can mimic *Entamoeba hartmanni, Dientamoeba fragilis* and *Iodamoeba bütschlii*).

Cyst: May contain linear structures (pale), mature cyst contains 4 nuclei (rare to see two-nucleated stage).

Treatment:

None

Control:

Improved hygiene, adequate disposal of fecal waste, adequate washing of contaminated fruits and vegetables

Comments:

All nonpathogenic intestinal protozoa should be reported to the physician (organism genus, species, stage – trophozoite/cyst). If only nonpathogens are found, but the patient remains symptomatic, other organisms (pathogens) may be present and require additional testing.